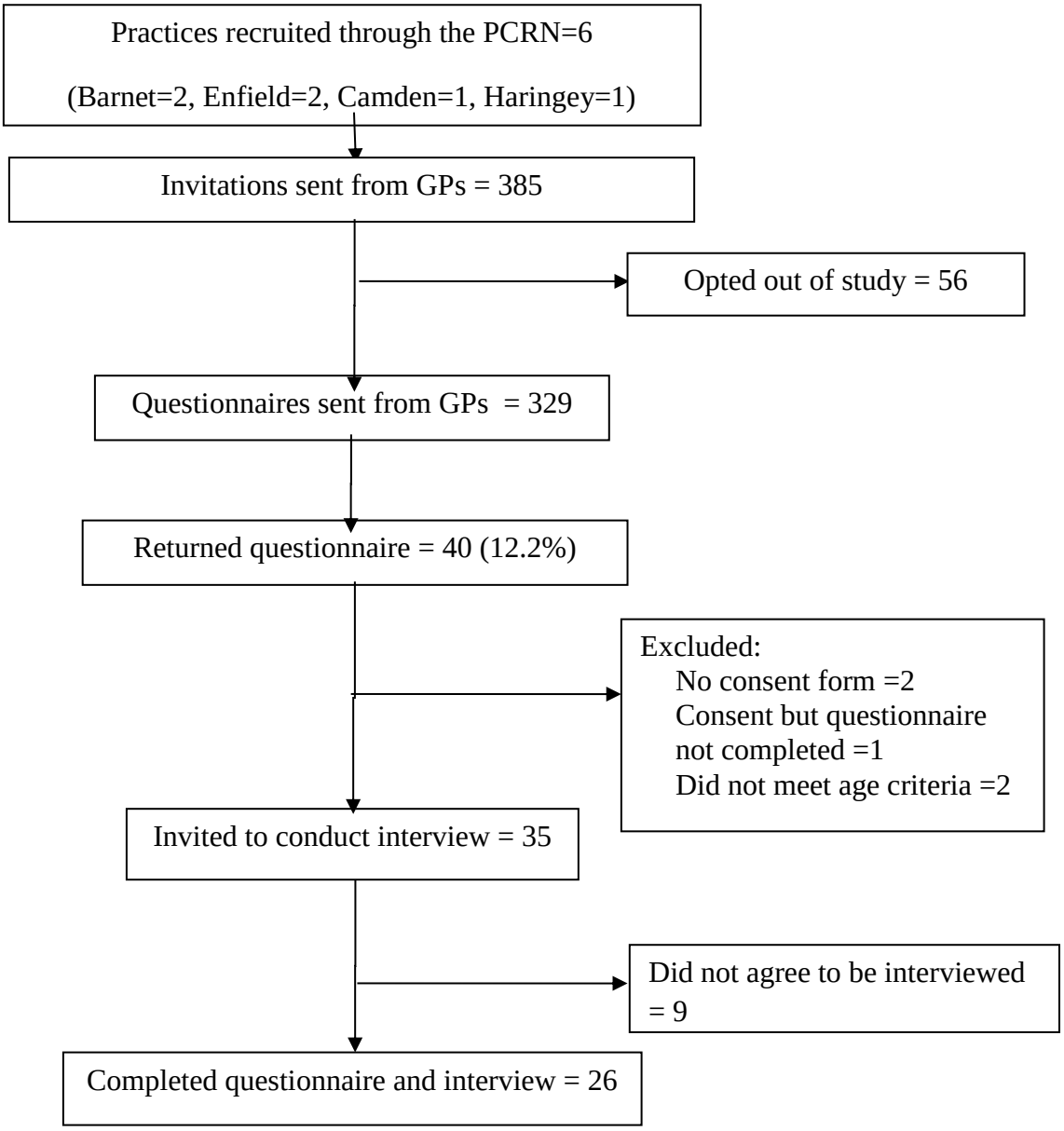Figure 1: Flowchart showing participants recruited to the study