Code Word	Parent	Text	Level	Added	Modified
BACKGROUND	None	Yes	1	05/01/18	05/01/18

These are passages were the Client is explaining their personal situation. These sections are not always important in terms of change or growth but they are vital to the session because they let the coach know what the issues are and what is at stake etc.

Code Word	Parent	Text	Level	Added	Modified
CHALLENGE	None	Yes	1	04/09/14	05/01/13

This code is used at times when the coach is challenging the Client.

Code Word	Parent	Text	Level	Added	Modified
CHALLENGES	None	Yes	1	04/08/25	05/01/13

These are things that Challenge or Impede the Client

Code Word	Parent	Text	Level	Added	Modified
CHAT	None	Yes	1	04/05/21	04/10/18

These are paragraphs where the client and coach are engaging in friendly chatting that is not DIRECTLY linked to the session. IMO these sequences are very important because they set the tone for the session. I think that one of the great strengths of the sessions in the very personalised nature of the interactions. The coach seems to know everything about the client's life, like a friend, and the clients respect that.

Code Word	Parent	Text	Level	Added	Modified
DISEMPOWER	None		1	04/05/18	00/00/00

Code Word	Parent	Text	Level	Added	Modified
EMPOWER	None	PAR	1	04/05/18	04/05/26

The coach is nudging the client into a more positive direction OR the coach is saying something to 'support' the client, to reinforce the client's positive self-image.

Code Word	Parent	Text	Level	Added	Modified
EXPLAIN	None	Yes	1	04/05/18	05/01/21

Coach is eplaining a concept or question more fully to the client. This explanations are important for two reasons. Firstly the coach often needs to make sure that the client understands a question, concept or technique before they can proceed with the session. Secondly the coach often will take time to explain what is actually happening in the session. (Eg. See c4cch lines +- 3226 - 3248) I also feel that explanations of questons provide the client with time to formulate an answer.