

APPENDIX 4

Executive Coaching – An Existential Model

Original, Early and Current Model

Meta Theory

Philosophy

- Carl G Jung
- Cognitive & Behavioural Psychology
- David Kolb
- Milton Erickson
- Will McWhinney
- Noam Chomsky
- Arnold Mindell

Science Methods

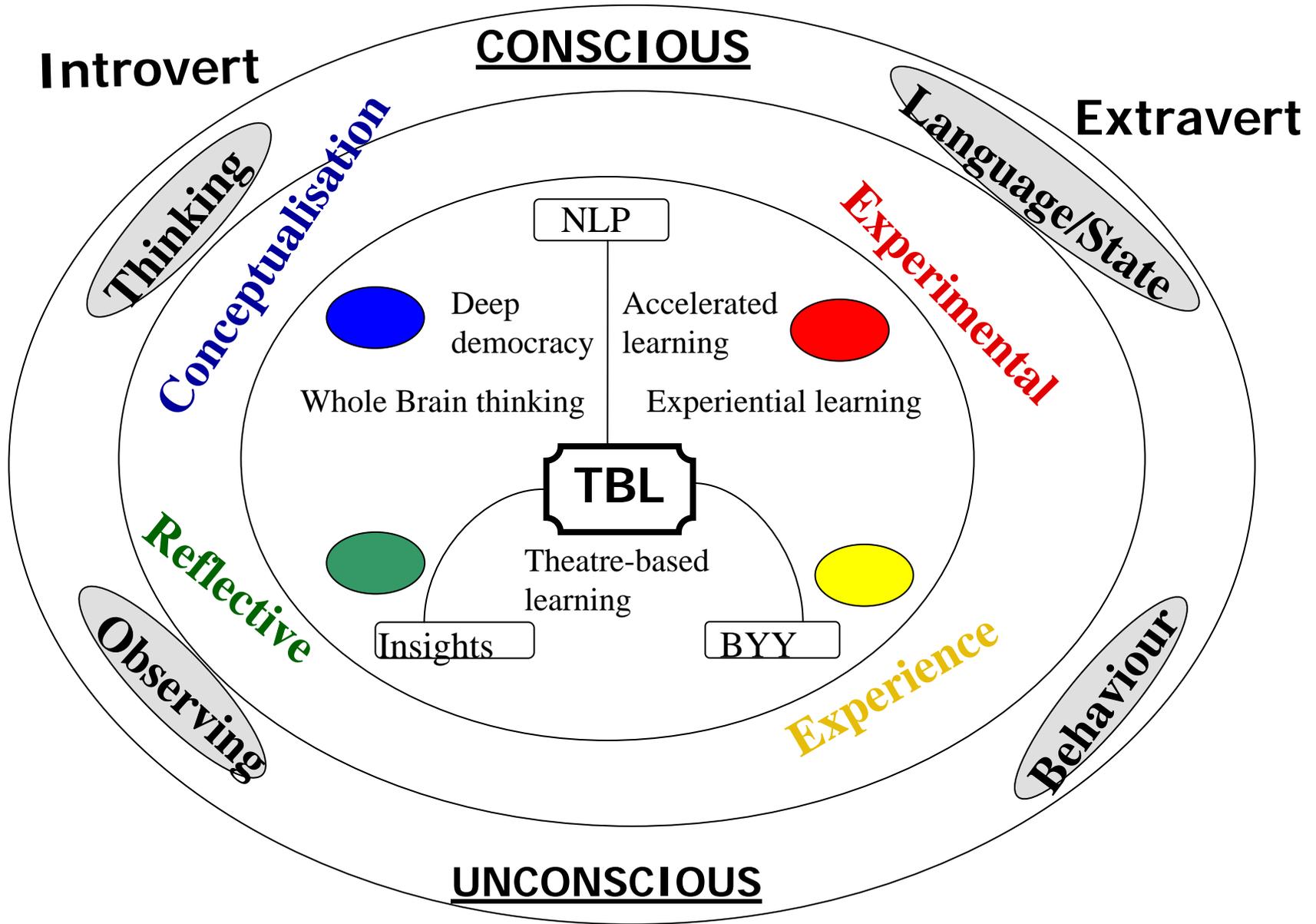
- Phenomenological
- Action Research
- Data Collection

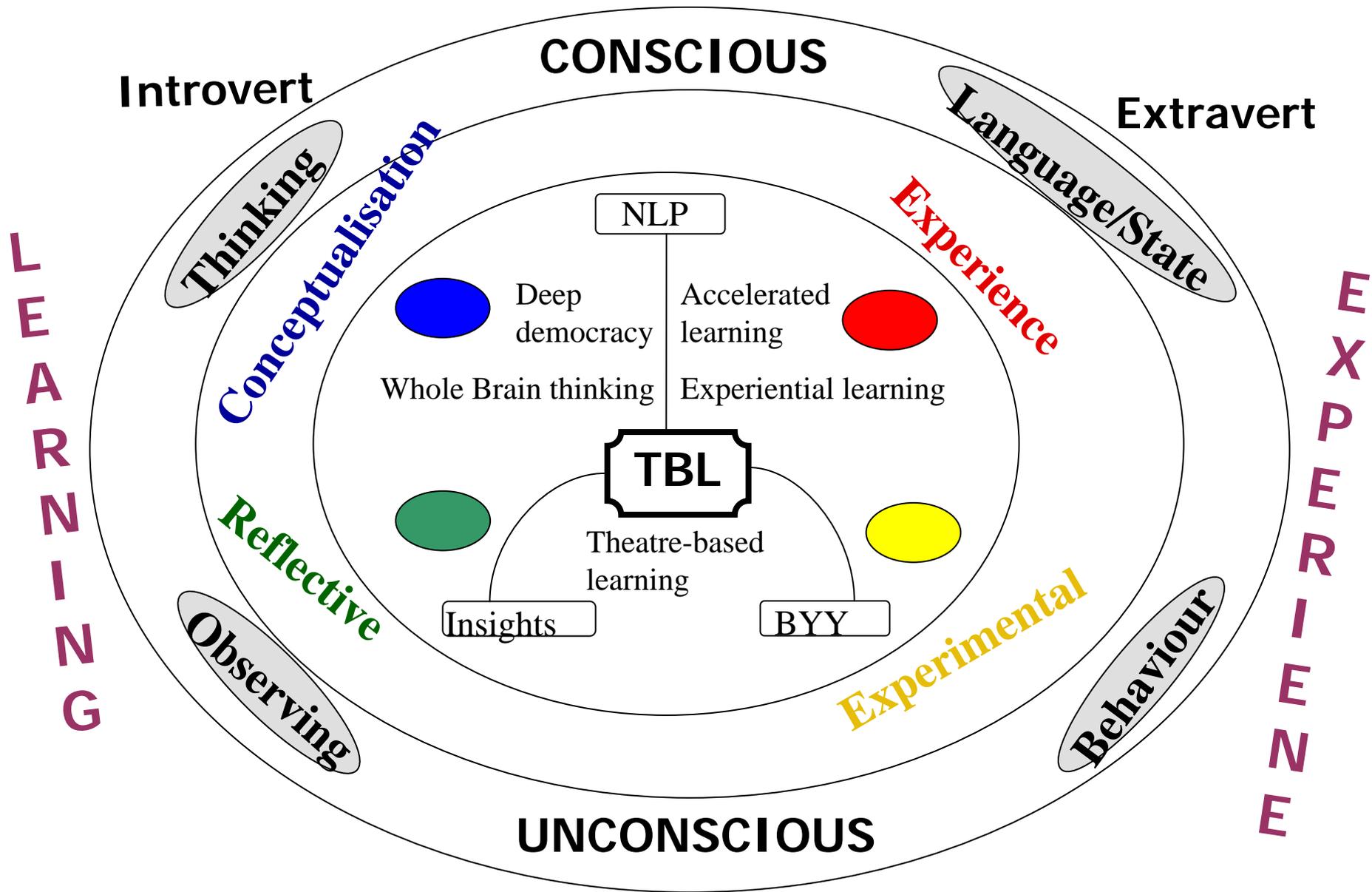
REAL PROBLEM

- Limiting Paradigms

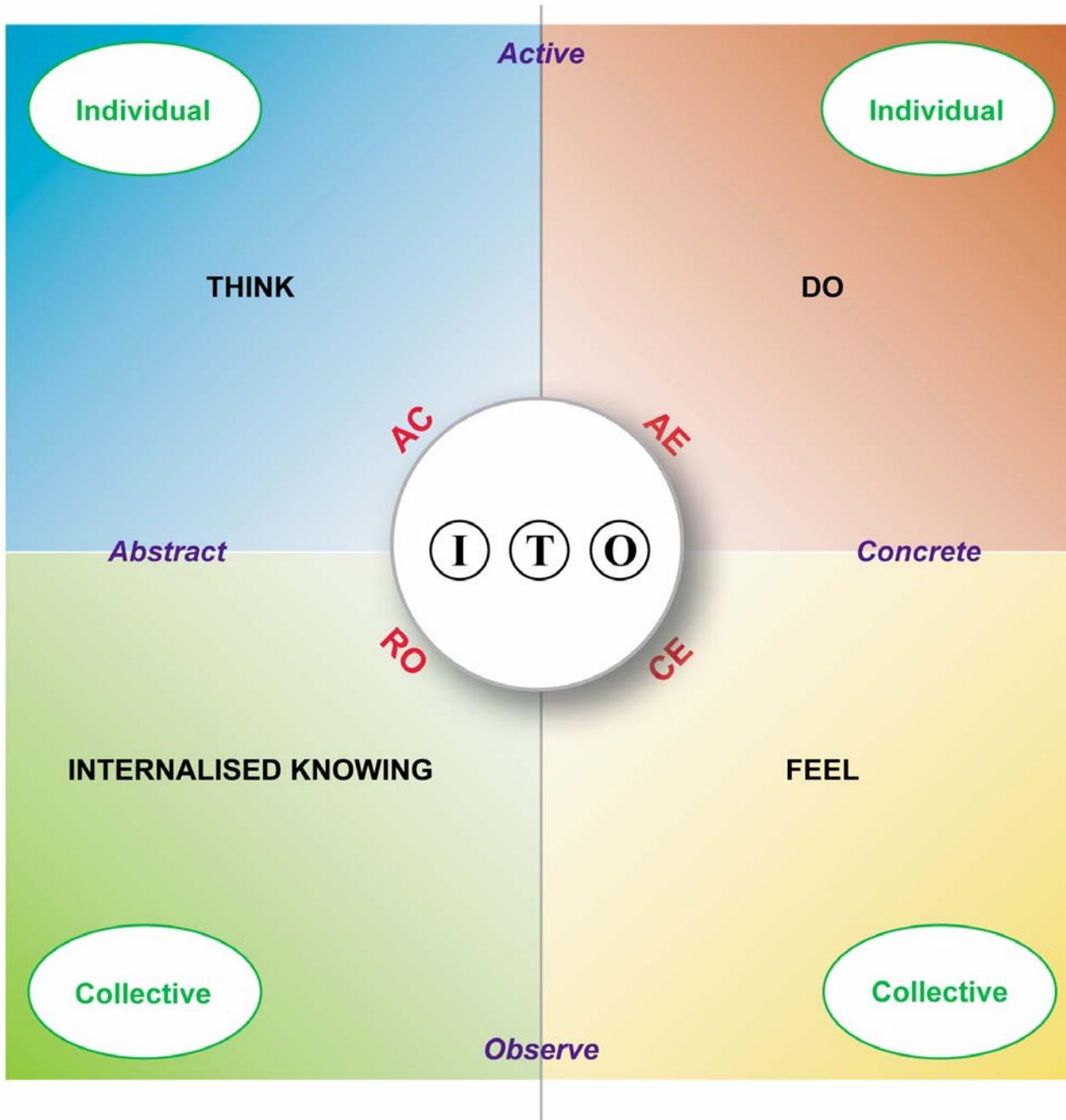
TOOLS

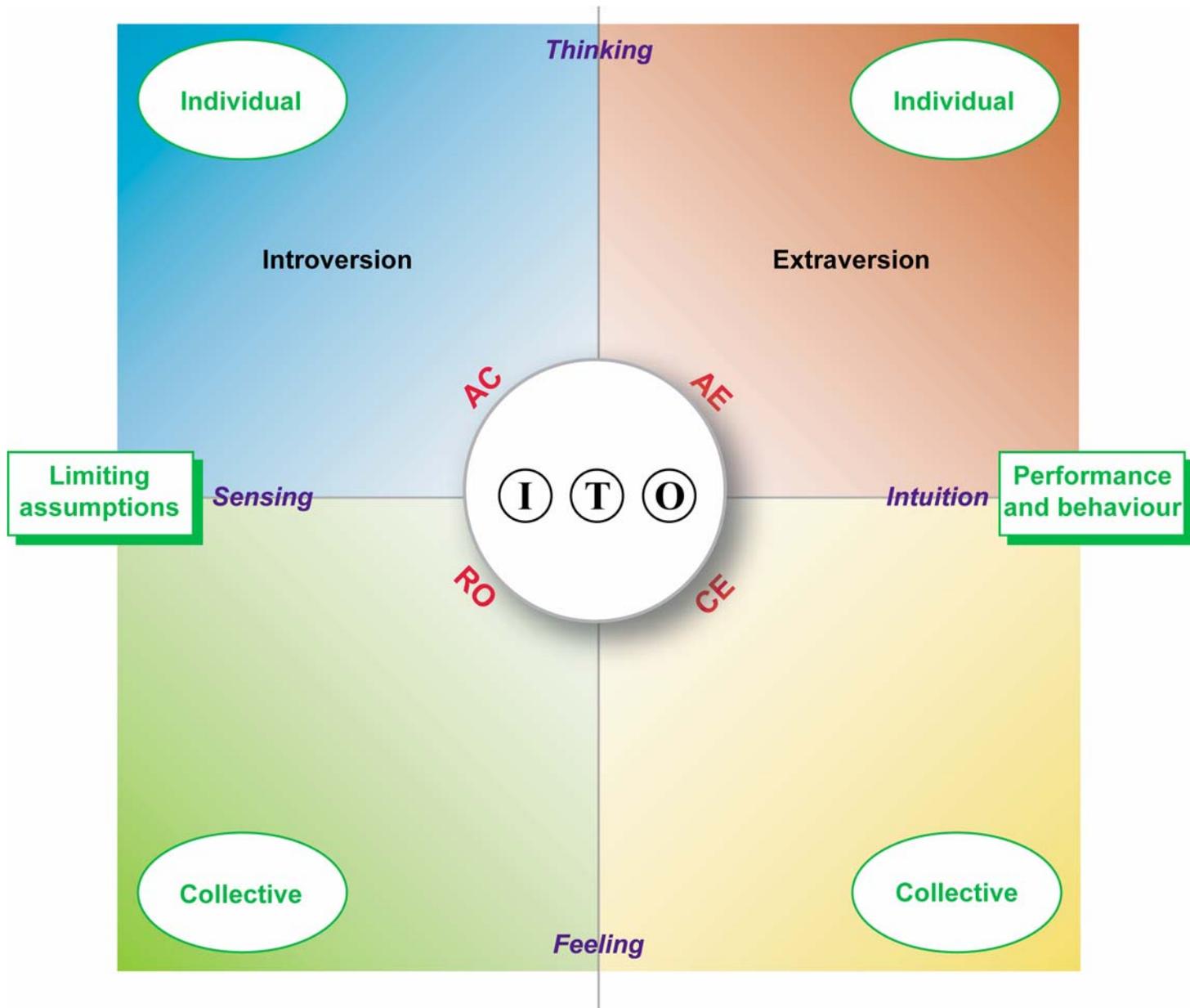
- Neuro-linguistic programming (NLP)
- Cognitive Behavioural Therapy (CBT)
- Co-active coaching
- Theatre-based learning
- Deep Democracy
- Best Year Yet
- Insights Discovery Profile
- Management Science
- Experiential Learning

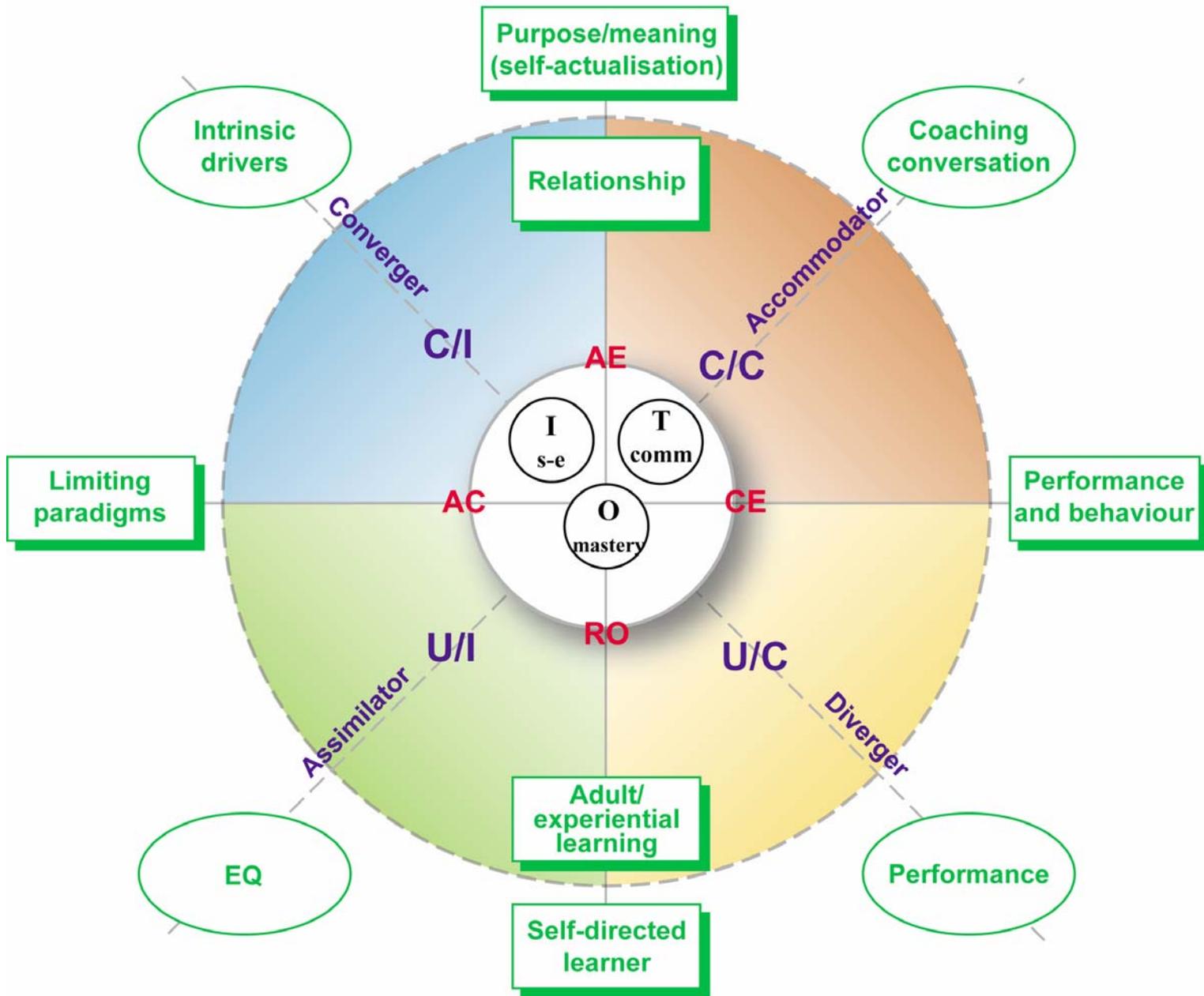


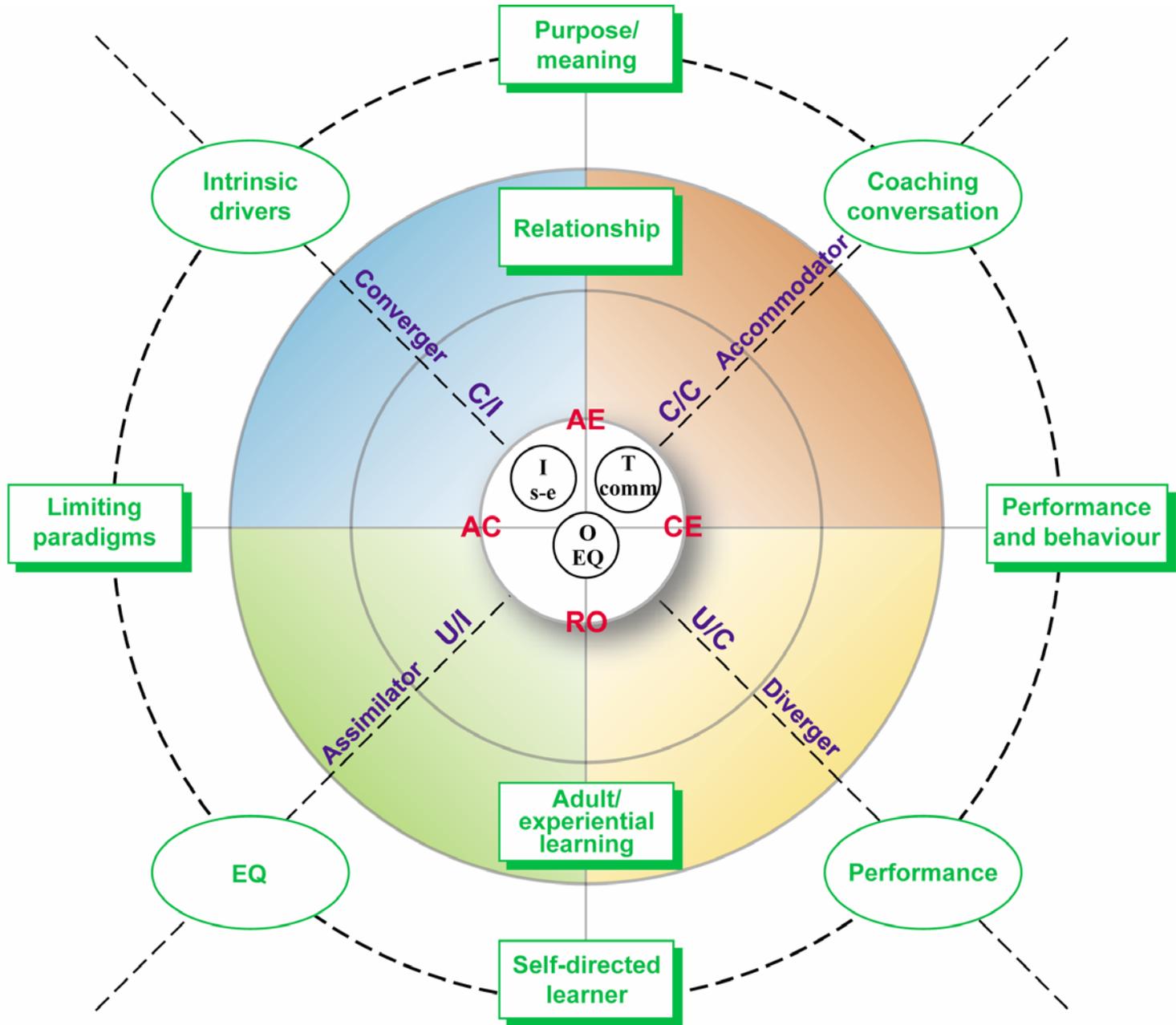


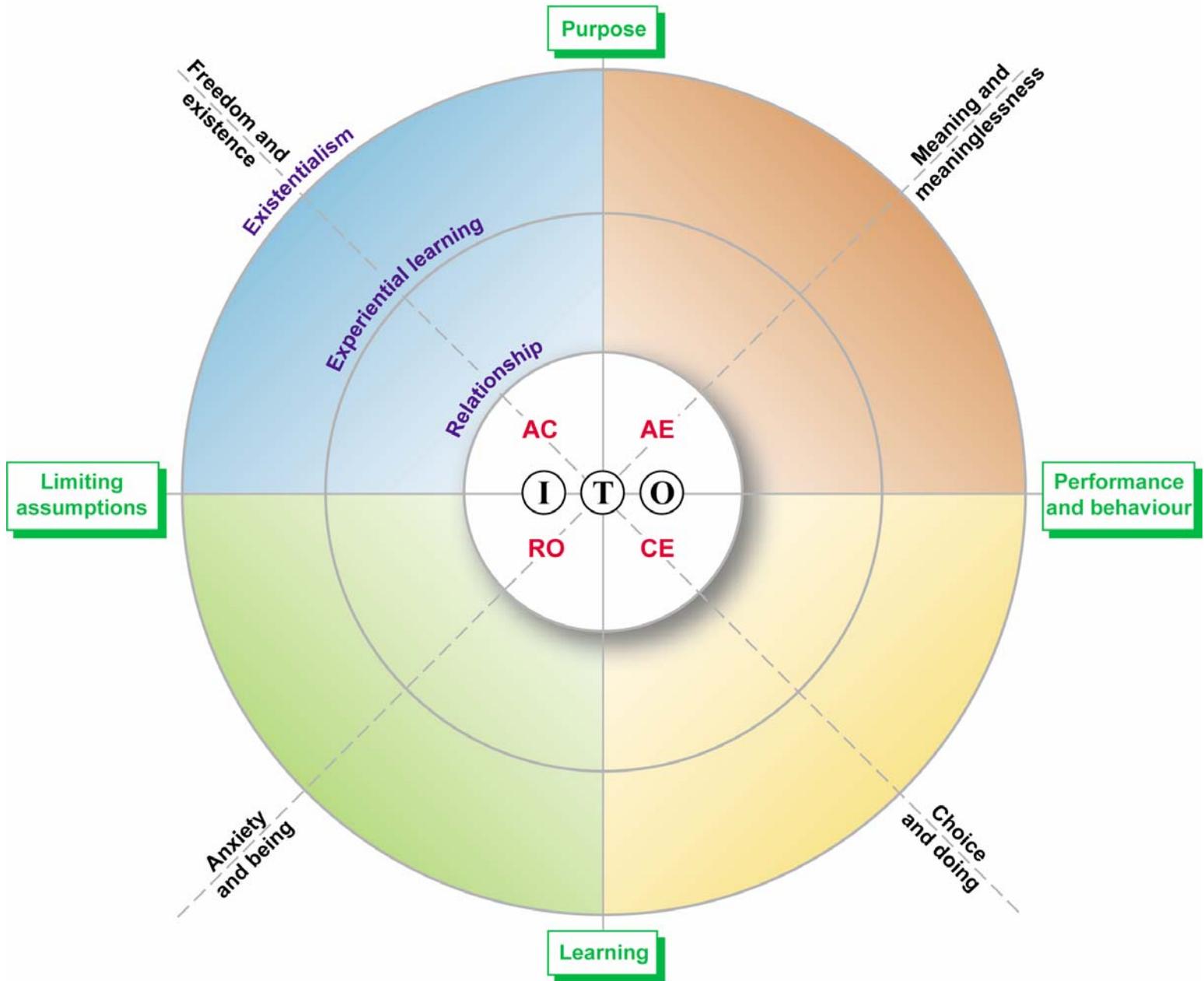
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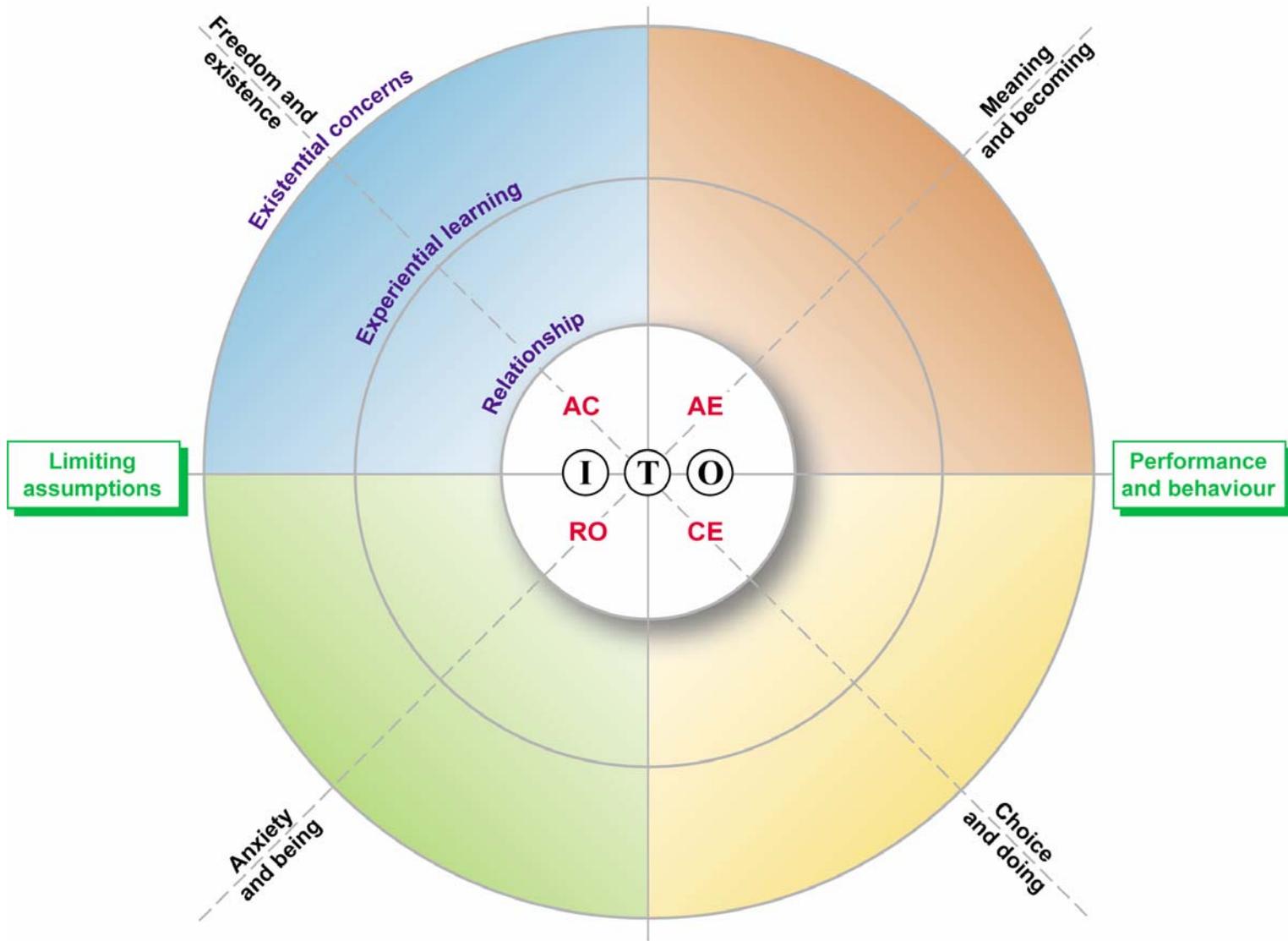




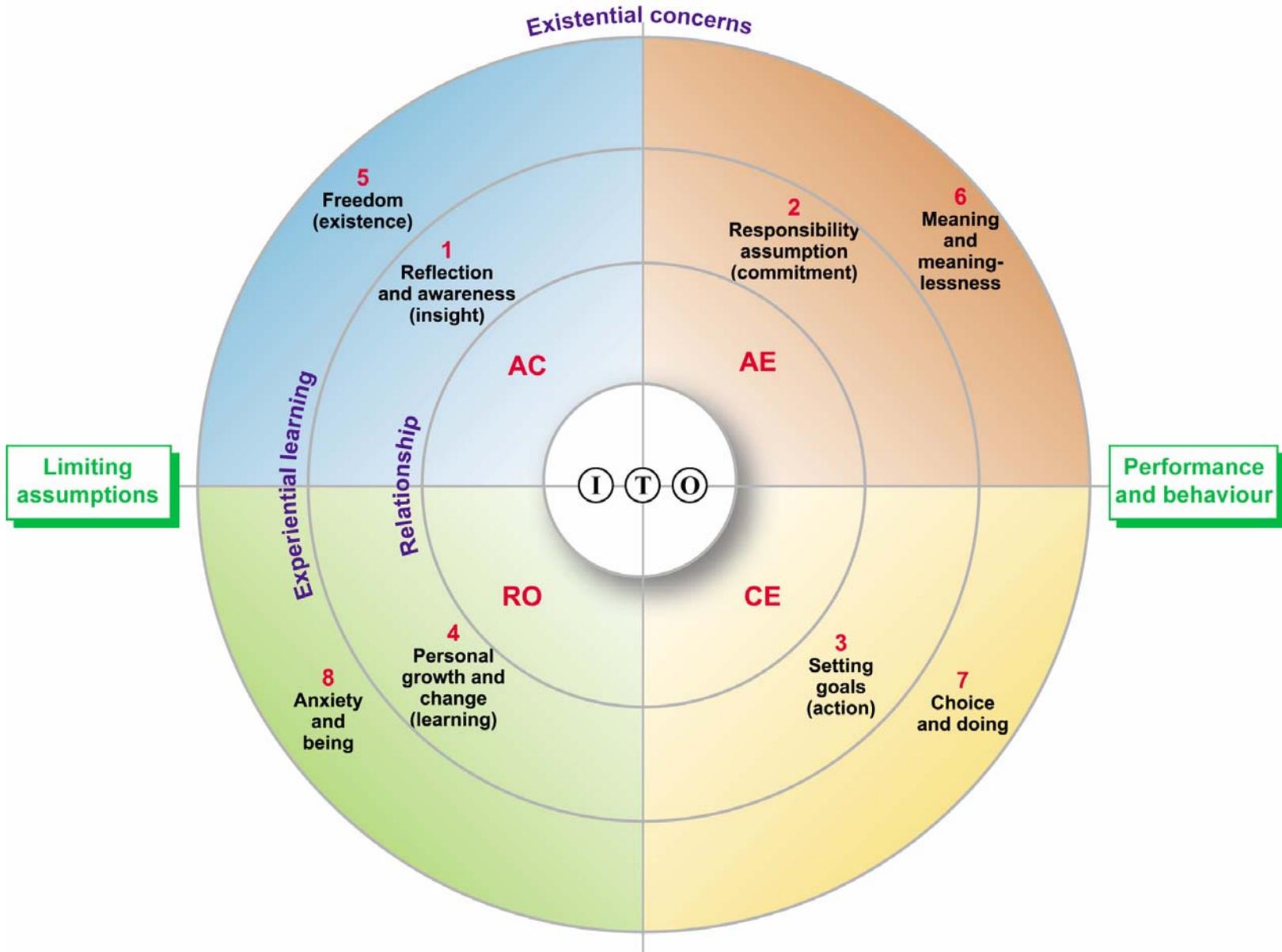


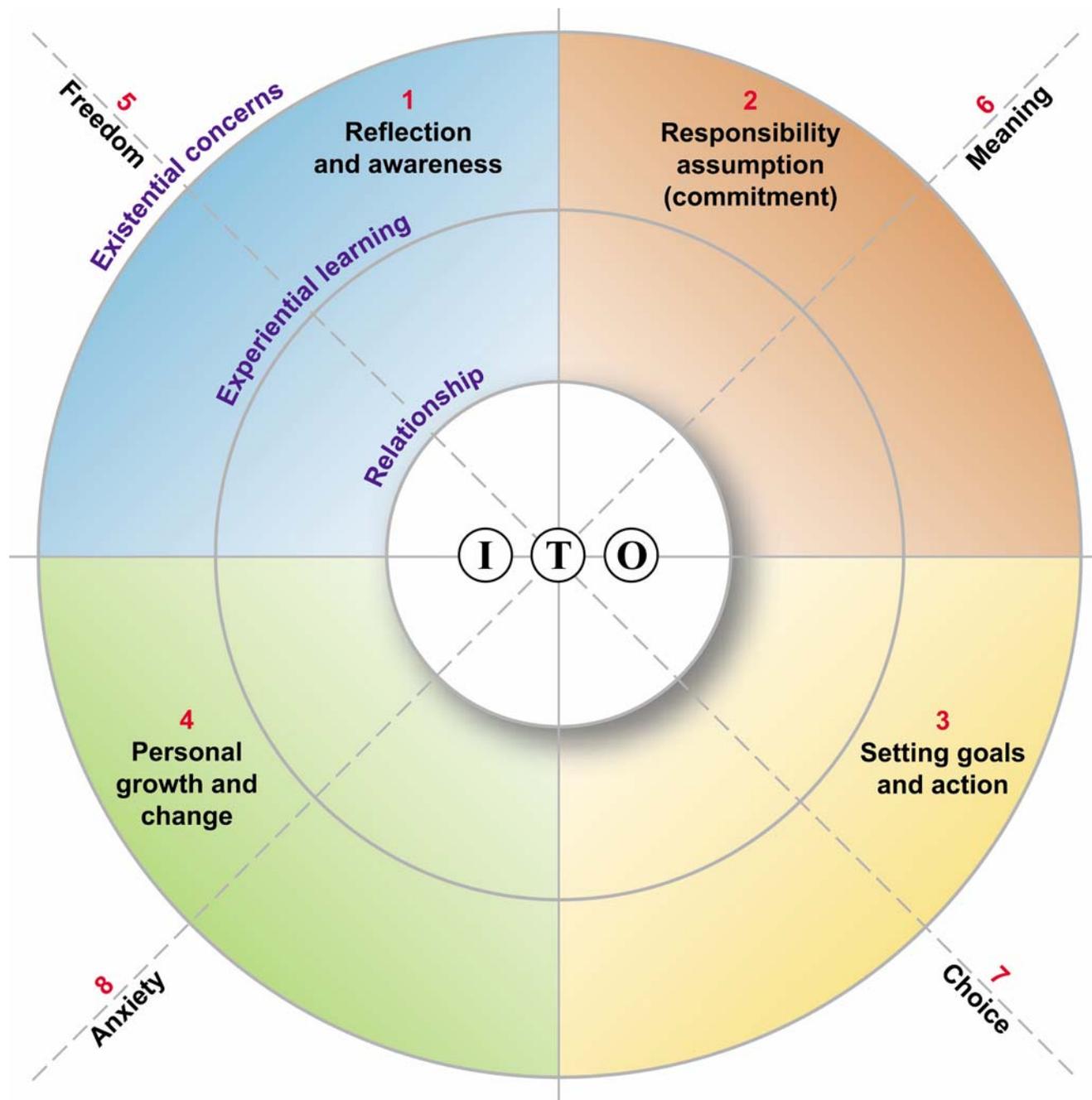






Executive Coaching Intervention Model





Executive Coaching—An Existential Model

