Table 1. Reliability data for each jump test (n=45).

	ICC (CL90%)	TEM (CL90%)	CV (CL90%)	Mean change
SLHR	0.79 (0.66; 0.88)	7.97 (6.67; 9.99)	5.2 (4.3; 6.6)	-3.89 (-7.11; -0.66)
SLHL	0.84 (0.73; 0.90)	7.51 (6.28; 9.41)	4.5 (3.8; 5.7)	-0.46 (-3.49; 2.58)
TSLHR	0.83 (0.72; 0.90)	21.9 (18.3; 27.4)	4.3 (3.6; 5.4)	-8.66 (-17.5; 0.19)
TSLHL	0.85 (0.75; 0.91)	21.7 (18.1; 27.1)	4.2 (3.5; 5.3)	-8.23 (-16.9; 0.53)
CMJ	0.96 (0.93; 0.98)	1.05 (0.88; 1.32)	3.3 (2.7; 4.1)	-0.39 (-0.82; 0.03)
CMJR	0.91 (0.84; 0.95)	1.25 (1.04; 1.56)	6.6 (5.5; 8.3)	-0.17 (-0.68; 0.33)
CMJL	0.94 (0.89; 0.96)	0.94 (0.78; 1.17)	5.4 (4.5; 6.8)	0.51 (0.13; 0.89)

Note. ICC = intraclass correlation coefficient, CL = confidence limit, TEM = typical error of measurement, CV = coefficient of variation, SLHR and SLHL= single leg horizontal jump with right and left leg, TSLHR and TSLHL = triple single leg horizontal jump with right and left leg, CMJ = bilateral countermovement jump and CMJR and CMJL = unilateral countermovement jump with right and left leg.