

Table 2: Quality criteria grading

Non-intervention studies were assessed according to a total of seven criteria (common to sets of criteria proposed by four research groups for qualitative research [26–29]):

(i) an explicit account of theoretical framework and/or the inclusion of a literature review which outlined a rationale for the intervention; (ii) clearly stated aims and objectives; (iii) a clear description of context which includes detail on factors important for interpreting the results; (iv) a clear description of the sample; (v) a clear description of methodology¹, including systematic data collection² methods; (vi) analysis of the data by more than one researcher (vii) the inclusion of sufficient original data to mediate between data and interpretation.

J. Shepherd*, A. Harden, R. Rees, G. Brunton, J. Garcia, S. Oliver and A. Oakley (2006) Young people and healthy eating: a systematic review of research on barriers and facilitators HEALTH EDUCATION RESEARCH 21 (2): 239–257

Article	i)	ii)	iii)	iv)	v)	vi)	vii)	Score
1	x	x	x	x	x		x	6
2	x	x	x	x	x	x	x	7
3	x		x	x	x		x	6
4	x	x	x	Previous pilot study (3)	x		x	6
5	x	x	x	x	x	x	x	7
6	x	x	x	x	x		x	6
7	x	x	x	x	x		x	6
8	x	x	x	x	x		x	6

9	x	x	x	x	x		x	6
10	x	x	x	x	x		x	6
11	x	x	x	x	x		x	6
12	x	x	x	x	x	x	x	7
13	x	x	x	x	x		x	6
14	x	x	x	x	Possibly reported in detail elsewhere		x	5
15	x	x		x			x	4
16	x	x	x	x	x		x	6
17	x	x	x	x	x		x	6
18	x	x	x		x		x	5
19	x	x	x	x	x	x	x	7